



Notes Page [Worksheet 2]

Before you speak with treatment providers, you may want to make some notes that may help them to understand the individual's needs. Just do your best with what you already know. For background on why different people need different options, visit this Navigator page: <https://alcoholtreatment.niaaa.nih.gov/different-people-different-options>

- ✓ Basics (age, gender, marital and family status, and job status)?

- ✓ Payment options (health insurance or other ways to pay for treatment)?

- ✓ Alcohol use, other drug use, and prior treatment (drinking and any drug use patterns or behaviors and any previous treatment and how it went)?

- ✓ Other health issues (any other physical or mental health issues)?

- ✓ Living and social situation (amount of support from family and social network, stability of living situation, and access to transportation)?

- ✓ Legal system involvement (any drinking-related arrests, probation, or other legal issues that require coordination with social services)?

- ✓ Other specialized needs (examples include pregnant, non-native speaker of English, and safety-sensitive occupations, such as airline pilot, physician, or law enforcement)?



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