

## Alcohol Treatment: Many Routes to Recovery

The route to recovery from alcohol use disorder is different for each person. It largely depends on how severe the problem is, along with other individual needs and preferences. The route is not always a straight line, and setbacks and repeated attempts are common. It's progress in the long run that matters.



## Need to find alcohol treatment for yourself or a loved one? We'll show you how. AlcoholTreatment.niaaa.nih.gov



**Outpatient Visits** 



**Overnight Stays** 



**Mutual Support** 

NIH

For educational purposes only. This infographic does not depict all possible treatment routes and is not prescriptive. A full professional assessment is needed to set an appropriate treatment path for any individual.



National Institute on Alcohol Abuse and Alcoholism