



# Questions to Ask an Addiction Doctor About Alcohol Treatment [Worksheet #4]

*These questions are for doctors who are board certified in addiction medicine or addiction psychiatry.*

Physician Name:

Phone:

## Before making your first appointment:

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Hello. My name is [first name], and I am looking into treatment options for a drinking problem.

Is Dr. \_\_\_ accepting new patients?

**If not:** I am looking for a physician who is board certified in addiction medicine. Is there another physician you could refer me to?

Do you accept our insurance plan?

**If not:** What rate do you charge per visit?

## After your first appointment (preferably after the physician has recommended a treatment plan):

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What are our next steps? What kind of treatment is most appropriate?

Are there other treatment providers you recommend that we work with?  
May I have their contact information?



National Institute  
on Alcohol Abuse  
and Alcoholism

[AlcoholTreatment.niaaa.nih.gov](http://AlcoholTreatment.niaaa.nih.gov)

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