



10 Questions to Ask an Alcohol Treatment Program

[Worksheet #3]

These questions are for alcohol treatment programs. Visit the Navigator website to learn why these questions are important, and what answers to listen for. (<https://AlcoholTreatment.niaaa.nih.gov/questions-treatment-programs>)

Program Name:

Phone:

Hello. My name is [first name], and I am looking into treatment options for a drinking problem. May I ask you a few questions about your program?

1. Can you tell me about your treatment approach? What levels of care and other services do you offer?
2. How do you decide what a person's treatment plan will include? Do you start with a complete assessment and diagnosis?
3. What arrangements do you have to address other medical or mental health issues the person may have while in treatment?
4. Are you able to arrange for someone to prescribe a medication to treat alcohol use disorder if it is appropriate?
5. Is the treatment program licensed and accredited? Can you tell me about the qualifications of your counseling staff?
6. What is expected of your patients and their families during treatment?
7. What do you do if a person has a relapse while in treatment?
8. What about after treatment? Are there ongoing recovery support services available?
9. Can you help me estimate the cost of treatment? Will insurance cover these costs?
10. If this turns out to be the best option, how soon could treatment begin?

Add any other questions that are important to you or to the person needing treatment.



National Institute
on Alcohol Abuse
and Alcoholism

AlcoholTreatment.niaaa.nih.gov

NIAAA ALCOHOL TREATMENT
NAVIGATOR
Pointing the way to evidence-based care